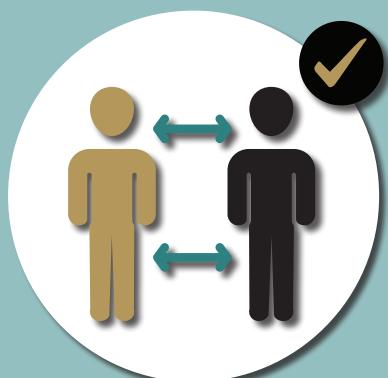


BACK-TO-COLLEGE TIPS

How to Stay Healthy & Stronger Together



MAINTAIN PHYSICAL DISTANCING
a minimum of 6 feet



WEAR YOUR MASK PROPERLY
when you can't maintain distancing



WASH YOUR HANDS
regularly for at least 20 seconds



STAY HOME
when you or someone in your household are sick



CLEAN
and disinfect surfaces regularly



COUGH or SNEEZE
into a tissue, sleeve, or elbow,
not your hands

Protect Yourself From COVID-19

RESIDENCE HALL

- Avoid sharing items with roommates or others.
- If you do, clean and disinfect before sharing or using.

SHARED BATHROOM

- Avoid placing toothbrushes directly on counter surfaces.
- Use totes for personal items to limit contact with surfaces.

CLASSROOM

- Wipe down your desk with a disinfectant wipe if possible.
- Skip seats or rows to create physical distance between other students.
- Avoid placing your personal items (e.g., cell phone) on your desk.

DINING HALL & MEALS

- Avoid sharing food, drink, utensils or other items with other people.
- Pick up grab-and-go options for meals when possible.
- Avoid buffets and self-serve stations.

LAUNDRY ROOM

- Clean and disinfect surfaces that others have touched (e.g., buttons on the washing machine).
- Wash face covers in warmest appropriate water setting for the fabric.



TAKE THE FOLLOWING BEFORE YOU GO OUT:

- Cloth face cover
- Hand sanitizer
- Tissues
- Disinfection wipes, if possible



FERRUM
COLLEGE

STRONGER TOGETHER
2020-2021 Academic Year