



Degree Transfer Options for Students in the Virginia Community College System

Degree Transfer Option for the FERRUM COLLEGE B.S. DEGREE IN HEALTH & HUMAN PERFORMANCE - Exercise & Sport Studies Emphasis

When a student who has graduated under the Guaranteed Admissions Agreement from an accredited Virginia Community College with an Associate of Arts degree, an Associate of Science degree, or an Associate of Arts and Sciences degree, transfers into Ferrum College, Ferrum College agrees that the student has satisfied the Liberal Arts course requirements portion of its graduation prerequisites. This agreement requires the student to have earned a grade of “C” or higher in courses applicable to the transfer-oriented degree program, have earned a minimum of 60 transferable credits, and hold an overall cumulative GPA of 2.0 or higher prior to enrollment at Ferrum College. If the student has not had a 3-credit Bible-based course as part of the Associate degree curriculum, then Ferrum College will require that the student successfully complete REL 111, 112, 113, or PHI 131. The student must satisfy all other graduation requirements including writing intensive, speaking intensive, E-Term, and experiential learning requirements.

Additional Community College courses to take and the transfer equivalencies in the FERRUM COLLEGE B.S. DEGREE IN HEALTH & HUMAN PERFORMANCE - (SS)

In conjunction with the completion of the Associate degree (excluding Applied Science degree), courses below should be completed with a grade of C or higher in order to meet requirements for the B.S. in Health & Human Performance. The Four Semester Plan included on page 2 provides the remaining requirements to complete the Ferrum College B.S. in Health & Human Performance. If the courses below are not taken, this may increase the number of credit hours needed during each of the semesters while enrolled at Ferrum College to meet degree requirements.

VIRGINIA COMMUNITY COLLEGE SYSTEM

Course Number	Course Title	Credits
Bible-based Religion: REL 200 or 210	Old or New Testament	3
CST 100	Principles of Public Speaking	3
PSY 200	Principles of Psychology	3
HLT 100	First Aid and CPR	3
PED 109, 111, 105, or 106	Yoga, Weight Training, Aerobic Dance I or II	1
HLT 206	Exercise Science	3
HLT 217 or HLT 230	Exercise and Nutrition or Nutrition & Human Dev	3
HLT 208	Fitness and Exercise Training	3
ITE 115	Intro to Computer Applications and Concepts	3
BIO 101	General Biology	4
BIO 141 or BIO 231	Human Anatomy and Physiology I	4
BIO 142 or BIO 232	Human Anatomy and Physiology II	4

FERRUM COLLEGE

Course Number	Credits
REL 112 or REL 113	3
COM 201	3
PSY 201	3
HHP 100	1
HHP Activity	1
HHP 361	3
HHP 348	3
HHP 332	3
BUS 230	3
BIO 111	3
BIO 254	4
BIO 255	4

**Note: Credits earned in the completion of the AA, AS, or AA&S degree that are not used to satisfy a specific degree requirement at Ferrum College will be counted towards the 121 credits required for graduation where unspecified hours remain.*



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Four Semester Plan for Completion of the **FERRUM COLLEGE B.S. DEGREE IN HEALTH & HUMAN PERFORMANCE – Exercise & Sport Studies Emphasis**

The chart below includes writing intensive (WI), E-Term, and experiential learning requirements. Speaking intensive (SI) is listed when not included in list of classes to be taken in conjunction with community college degree. 50% of the required major and minor hours must be taken at Ferrum College. A total of 121 credits are required to earn a degree from Ferrum College. Elective hours may be used to fulfill a desired minor.

JUNIOR (FALL)

Course Number	Credits
Elective for Minor or Additional Emphasis or HHP 330 Coaching the Athlete (for Coaching minor)	3
HHP 200 Health And Wellness	3
HHP 252 Fundamentals of Health & Hum Perform	3
HHP 345 Sport Psychology	3
HHP 355 Physiology of Exercise	3
HHP 357 Applied Exercise Physiology	1
TOTAL	16

JUNIOR (SPRING)

Course Number	Credits
Writing Intensive (WI) (grade of “C” or higher required)	3
HHP 338 Motor Learning	3
HHP 340 Kinesiology: Scientific Basis of Human Movement	3
HHP 341 Applied Biomechanics	1
Elective for Minor or Additional Emphasis	3
E-Term	3
TOTAL	16

SENIOR (FALL)

Course Number	Credits
HHP 206 Introduction to Athletic Injuries	3
Elective to Reach 121 Required Hours	3
HHP 332 Strength and Conditioning	3
Elective for Minor or Additional Emphasis	3
Elective for Minor or Additional Emphasis	3
TOTAL	15

SENIOR (SPRING)

Course Number	Credits
HHP 450 Capstone – Design /Application (WI) (grade of “C” or higher required)	3
HHP 499 Internship	4
HHP 400 Advanced Exercise Science	3
Elective or course not taken at Community College	3
Elective for Minor or Additional Emphasis or HHP 402 Organizatn/Administratn Sports (for Coaching Minor)	3
TOTAL	16