



Ferrum College Eight-Semester Plans

FERRUM COLLEGE B.S. DEGREE IN HEALTH & HUMAN PERFORMANCE – Physical Education Teaching Emphasis with Coaching Minor

FRESHMAN (FALL)

Course Number	Credits
PSY 201 General Psychology (GA)	3
HHP 200 Health & Wellness Concepts	3
Liberal Arts Core (History)	3
GWS 101 Gateway Seminar	2
ENG 101 Composition and Rhetoric	3
HHP 100 Responding to Emergencies	1
DAN 105, 106, 110, OR 111 Dance	1
TOTAL	16

FRESHMAN (SPRING)

Course Number	Credits
BIO 111 Introduction to Biology II (QR, IL)	4
Liberal Arts Core (HIS 102 GA, IL, QR)	3
PSY 211 Human Growth & Development - Child	3
PSY 291 Practicum and Child Development Lab	1
ENG 102 Composition and Research (grade of "C" or higher required)	3
MTH 105 Fundamental of Mathematics	3
TOTAL	17

SOPHOMORE (FALL)

Course Number	Credits
HHP 252 Health & Human Performance Professions	3
Liberal Arts Core Requirement (Bible-based)	3
BIO 254 Human Anatomy and Physiology I (IL)	4
HHP 206 Introduction to Athletic Injuries	3
EDU 202 Intro to 21 st Century Education	3
THA 222 Voice and Diction (grade of "C" or higher for SI)	3
TOTAL	19

SOPHOMORE (SPRING)

Course Number	Credits
SPD 220 Survey of Exceptional and Special Education	3
BIO 255 Human Anatomy and Physiology I	4
EDU 203 Issues in Education	3
HHP 321 PE-Child (ODD) OR HHP 320 PE-Adolescents(EVEN)	3
Liberal Arts Core (Other REL/PHI)	3
E-Term	3
TOTAL	19

JUNIOR (FALL)

Course Number	Credits
HHP 401 Methods for Teaching Health Education	3
EDU 302 Differentiated Instruction in Math (WI) (grade of "C" or higher required)	3
BIO 320 Human Nutrition	3
Liberal Arts Core (ENG Literature)	3
HHP 330 Coaching the Athlete	3
HHP 355 Physiology of Exercise	3
HHP 357 Applied Exercise Physiology	1
TOTAL	19

JUNIOR (SPRING)

Course Number	Credits
HHP 321 PE-Child (ODD) OR HHP 320 PE-Adolescents(EVEN)	3
HHP 338 Motor Learning	3
HHP 340 Kinesiology	3
HHP 341 Applied Biomechanics	1
HHP 402 Organization & Administration of Sport	3
EDU 312 Content Reading Literacy (WI) (grade of "C" or higher required)	3
TOTAL	16

SENIOR (FALL)

Course Number	Credits
EDU 358 All-Level Curriculum Instruction (IL)	3
EDU 360 All-Level Classroom Management	3
HHP 361 Exercise Assessment & Prescription	3
HHP 345 Sport Psychology	3
HHP 145 Rhythmics, Movement & Games	1
TOTAL	13

SENIOR (SPRING)

Course Number	Credits
EDU 402 The Student Teaching Field Experience (QR)	10
EDU 403 The Student Teaching Synthesis Experience	2
TOTAL	12

TOTAL HOURS REQUIRED FOR B.S. DEGREE IN HEALTH & HUMAN PERFORMANCE – Physical Education Teaching Emphasis with Coaching Minor: 135